

PRAYER & FASTING

CUTTING THROUGH THE NOISE

Devotion Info *Reorienting The Heart*

DAY 1 Read Matthew 6:16-18

[16] "And when you fast, don't make it obvious, as the hypocrites do, for they try to look miserable and disheveled so people will admire them for their fasting. I tell you the truth, that is the only reward they will ever get. [17] But when you fast, comb your hair and wash your face. [18] Then no one will notice that you are fasting, except your Father, who knows what you do in private. And your Father, who sees everything, will reward you.

Matthew 6:16-18 NLT

- What does hypocrisy mean?
- What does hypocrisy look like in this passage, and how can you relate to it?

Application:

- If someone asked you this week, "How do you know you are living in God's will for your life?", how would you answer that question?

DAY 2 Read Matthew 6:16-18

[16] "And when you fast, don't make it obvious, as the hypocrites do, for they try to look miserable and disheveled so people will admire them for their fasting. I tell you the truth, that is the only reward they will ever get. [17] But when you fast, comb your hair and wash your face. [18] Then no one will notice that you are fasting, except your Father, who knows what you do in private. And your Father, who sees everything, will reward you.

Matthew 6:16-18 NLT

- PK mentioned that fasting to be seen and being seen fasting are not the same. What does this mean to you?

Application:

- If someone asked you this week, "How do you know you are living in God's will for your life?", how would you answer that question?

(Cont'd next page)

DAY 3 Read Matthew 6:16-18

[16] "And when you fast, don't make it obvious, as the hypocrites do, for they try to look miserable and disheveled so people will admire them for their fasting. I tell you the truth, that is the only reward they will ever get. [17] But when you fast, comb your hair and wash your face. [18] Then no one will notice that you are fasting, except your Father, who knows what you do in private. And your Father, who sees everything, will reward you.

Matthew 6:16-18 NLT

- In your spiritual journey with Christ, how have you seen the Father reward you for your obedience in secret?

Application:

- If someone asked you this week, "How do you know you are living in God's will for your life?", how would you answer that question?

DAY 4 Read Matthew 6:16-18

[16] "And when you fast, don't make it obvious, as the hypocrites do, for they try to look miserable and disheveled so people will admire them for their fasting. I tell you the truth, that is the only reward they will ever get. [17] But when you fast, comb your hair and wash your face. [18] Then no one will notice that you are fasting, except your Father, who knows what you do in private. And your Father, who sees everything, will reward you.

Matthew 6:16-18 NLT

- How did Pastor Korey describe the main reward God gives for our fasting? How do we see this reward in the Lord's prayer?

Application:

- If someone asked you this week, "How do you know you are living in God's will for your life?", how would you answer that question?

(Cont'd next page)

DAY 5 Read Matthew 6:16-18

[16] "And when you fast, don't make it obvious, as the hypocrites do, for they try to look miserable and disheveled so people will admire them for their fasting. I tell you the truth, that is the only reward they will ever get. [17] But when you fast, comb your hair and wash your face. [18] Then no one will notice that you are fasting, except your Father, who knows what you do in private. And your Father, who sees everything, will reward you.

Matthew 6:16-18 NLT

- If you were to participate in our 21 Day Fast starting on March 1st, what would you hope to see the Lord do in your life and relationship with Him?

Application:

- If someone asked you this week, "How do you know you are living in God's will for your life?", how would you answer that question?

If you would like a daily reminder of these devotionals for each week's sermon, text "DEVO" to 512-877-5131 and you'll receive a text message after 8am Monday-Friday with a link to that day's devotional.