



- Reorienting The Heart -

Ice-Breaker:

Have you ever looked back on moments when you really wanted something specific, only to recognize now how badly that would have worked out if you had received what you were longing for? Can you think of a country song that describes this reality?

What is your most common food craving, and how often do you give in to it?

Discussion Questions:

Read: Matthew 6:16-18

1. Define hypocrisy. What does hypocrisy look like in this passage, and how can you relate to it?
2. PK mentioned that fasting to be seen and being seen fasting are not the same. Describe what this means to you.
3. In your spiritual journey with Christ, how have you seen the Father reward you for your obedience in secret?
4. How did Pastor Korey describe the main reward God gives for our fasting? How do we see this reward in the Lord's prayer?
5. If you were to participate in our 21 Day Fast starting on March 1st, what would you hope to see the Lord do in your life and relationship with Him?

Application:

- **If someone asked you this week, "How do you know you are living in God's will for your life?", how would you answer that question?**