



- Feeling Abandoned by God-

ICE BREAKERS:

- On a scale of 1-10, how easy is it for you to remember that God is with you and that He loves you? Talk about why you chose that number.

DISCUSSION:

1. **Read Hebrews 13:5, Matthew 28:20:** The Bible says over and over again that God is with us. Why does it seem he is so far away sometimes? How can we remind ourselves that He is close to us when he seems far?
2. What are some differences between asking God “why” and asking Him “what”? Have you experienced this shift in your life?
3. **Read Hebrews 4:15-16.** What bold prayers, questions, or concerns do you have for God? How can you approach Him with these things this week?
4. Share a time when it felt difficult to see God in the middle of your circumstances. How did you seek and trust Him during that time?
5. When you can't see God working, trust God's promises.
 - a. **2nd Corinthians 1:20**
 - b. **Hebrews 13:5**
 - c. **Romans 8:28**
 - d. **Philippians 4:19**
 - e. **Lamentations 3:22-23**

What other promises can you lean on when you can't see clearly what God is doing?

APPLICATION:

- As you continue processing any doubts you might have, it's important to have the support of someone you trust. Identify someone you trust and reach out to them this week.