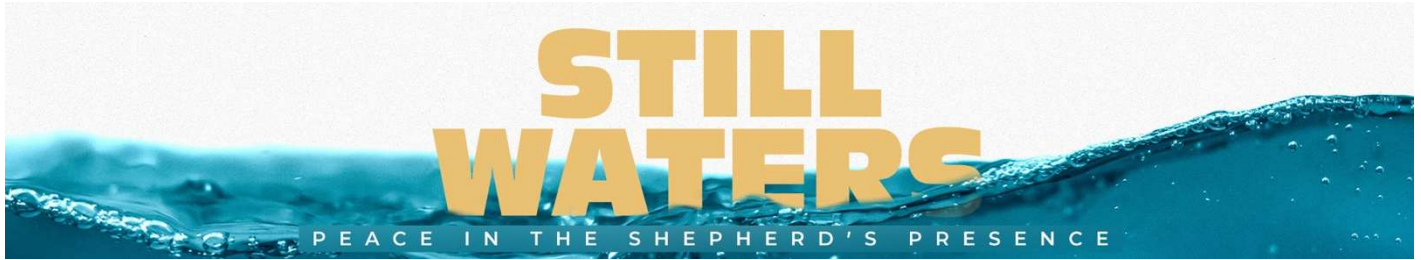


*Guide*



*-Yea, Though I Walk -*

**ICE BREAKERS:**

- When facing a tough or uncertain time, what's something that brings you comfort and keeps you going?

**DISCUSSION:**

1. Discuss what "His rod and His staff" mean to you. How are these two instruments different?

**Read Psalm 23:4**

2. What is the main takeaway from this verse?
3. Can you describe it in one word?

**Read I Samuel 17:33-36**

4. What had David experienced in his life that had prepared him for his battle with Goliath?
5. Did David go out to face Goliath in \_\_\_\_\_? Or \_\_\_\_\_?
6. Discuss with the group the possible answers. Hint: They both begin with the same letter!

**Read John 16:33**

7. What did Jesus say about whether or not we would experience valleys in this life?

**Read John 9:1-3**

8. Is it always our own fault that we travel through the valleys? How do we reconcile in our hearts and minds the times that it is not our fault? What do we do when there is no one to blame?

**Read Isaiah 43:2-3**

9. What does this passage say about God's promises in our "valleys"? How can we be stronger in hard times because of His Promise?

**APPLICATION:**

**We've all been through low and dark times. Maybe you are in one now! Lean into God and His word this week and see how God is moving to give you victory.**